Achieving better services for people with dementia and carers in acute hospital and community settings.

Overview of the champions programme, including experiences and evaluation.

Presented by Anna Waugh on behalf of Scotland’s National Dementia Champions Training Team. June 2015
The Programme

• 5 taught study days supported by directed pre-reading
• A ‘living well with dementia’ community experience
• 3 work based activities with assessed assignments, including two self directed study days
• Personal tutor support
Measuring impact

Complete a questionnaire at end of each of study day
Complete *Approaches to Dementia Questionnaire* prior to commencing programme and again at end
Indicate, on scale from ‘0’ (cannot do at all) to ‘100’ (highly certain can do) re confidence they could demonstrate the learning outcomes associated with the Programme.

Carry out and submit reports relating to three work based tasks.
Approaches to Dementia

![Graph showing approaches to dementia with categories: Hope and Person-centred. The graph includes Time 1 and Time 2 data points.]}
Hope by time and profession

Estimated Marginal Means of hope

FINAL PROFESSION
- NURSING
- AHP
- SSSC

Estimated Marginal Means

34.50
34.00
33.50
33.00
32.50
32.00
31.50

time

1
2
Person-centred
Learning outcomes: Self reported confidence

Understand, recognise and respond to the impact of the physical, emotional, social,...

Understand, identify and respond with evidence based best practice, to the physical...

Understand and identify the complexities associated with dementia that may have...

Understand, apply and evaluate a range of interventions to reduce...

Understand and implement leadership and change agent skills and knowledge to...
Learning outcome 4: Implement leadership and change agent skills and knowledge to enhance and improve the care of the person with dementia in every area of their influence, utilising existing and developing quality improvement systems, sharing good practice forums and knowledge networks.
Things that were particularly useful

- Joint working with family and friends.
- Hearing people with dementia discuss their experiences.
- Working and learning in interdisciplinary groups.
- Skills and reflection session on stress and distress.
Impact on Practice: Instigating Change

95.1% who completed the programme indicated they would change practice as a result.

‘Palliative care and pain related lectures were very good and have already changed my practice’

‘The course as a whole has changed, and made me think about my practice’

‘I feel invigorated with the ideas this Dementia programme has given me and feel empowered and motivated in order to lead and change Dementia Care within our Hospital’
An independent evaluation of the effectiveness of the DCs and the Dementia Nurse Consultant role by Ellison et al (2014)

Despite the enormity of the task and the relative small scale and immaturity of the initiatives, a significant amount of change and improvement work has been initiated by the two roles, and would likely not have happened without them.

Outcomes
Raising the profile of dementia at a local level, both strategically and operationally, and to some extent nationally.
Education and training against the Promoting Excellence knowledge and skills framework
Changing staff attitudes and practice towards people with dementia and their carers
Care environments; identification of dementia in acute settings; delivery of person-centred care; involvement of carers; and responses to stress and distress.
The Challenges to Education and practice development.

In research studies in general hospitals, there is a:

- lack of transparency of teaching and learning approaches used and content.
- lack of evidence of underpinning educational theories.
- lack of clear evidence to assert impact beyond Kirkpatrick level 2.

(Elvish et al 2014) states:

‘a strong evidence base is yet to be developed for the impact of staff training on the care of PWD within the general hospital setting’ (p482).
Contacts/ Sources

• NHS Education Scotland  
  http://www.nes.scot.nhs.uk/

• University of the West of Scotland  
  http://www.uws.ac.uk

• Alzheimer Scotland Centre for Policy and Practice  
  http://www.uws.ac.uk/research/research-institutes/health/alzheimer-scotland-centre-for-policy-and-practice/

• Alzheimer Scotland  http://www.alzscot.org/

• Anna Waugh  a.waugh@uws.ac.uk
Full Description of the Programme

References

